# A visit to the dentist

**CLINID conference** Hunter Ratliff 03/20/2025

Ages, dates, and other identifying information may have been changed I have no conflict of interest in relation to this presentation



A **27 y/o M** with PMH including poorly controlled DM p/w **chronic groin wound drainage** & **productive cough** 

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- Tenderness with purulent drainage from wounds
- High blood sugar
- Right sided chest tightness & productive cough
- Ongoing for "months"

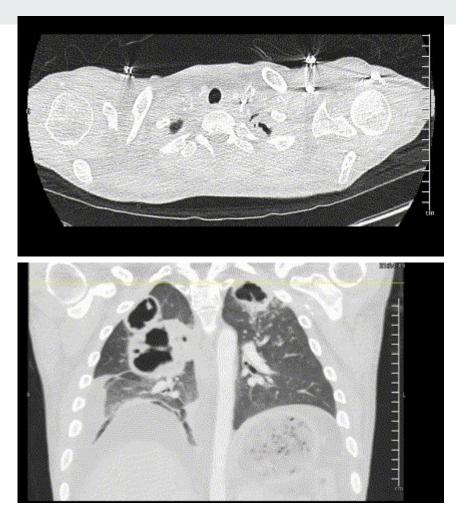
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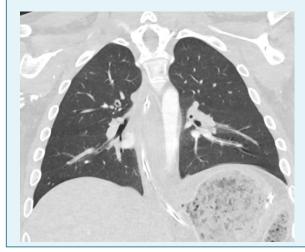
#### ROS

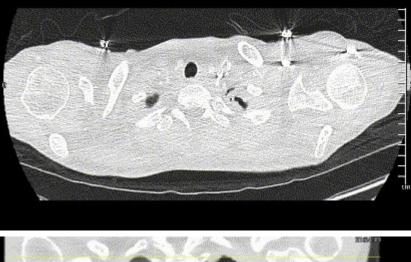
- No fevers, chills, night sweats
- DOE, but no dyspnea at rest
- Chronic diarrhea

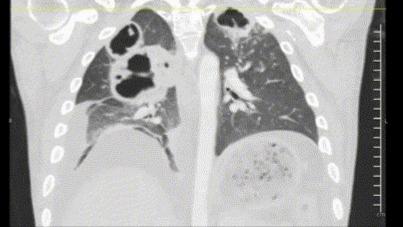
A **27 y/o M** with PMH including poorly controlled DM p/w **chronic groin wound drainage** & **productive cough** 



#### **Prior CT** (5 months ago)







# Case 1: Social & Exposure History

Geographic & Travel	<ul> <li>The patient lives in <b>Ohio</b> with parents</li> <li>He denies recent foreign or domestic travel</li> </ul>	
Occupational	Not working; no hobbies; doesn't do outdoor activities	
Substance & needles	<ul> <li>Denies EtOH (prior ID notes state "alcohol abuse" in problem list)</li> <li>Vapes tobacco</li> <li>Smokes weed, no other drugs; never IVDU</li> <li>Remote hx of unprofessional tattoos</li> </ul>	
Animals	• No animals (including birds, bats), aside from <b>pet cat</b>	
Exposures	<ul> <li>No TB risk factors</li> <li>No exposures to soil; no dead/decaying wood or vegetation</li> <li>No water exposures (e.g. hot tubs, humidifiers)</li> </ul>	

### Case 1: Physical exam

<u>Vitals</u>: BP 102/61 (**on levophed**) | **Pulse 102** | Temp 36.6 °C | SpO2 94% | BMI 25.13 kg/m<sup>2</sup> Gen: alert and oriented, NAD

Head/Neck: NCAT; trachea appears midline, no gross LAD

ENT: EOMI grossly, anicteric sclerae; good detention

Resp: normal respiratory effort, CTAB

<u>CV</u>: RRR; extremities perfused

<u>GI</u>: non-distended; no TTP

Neuro/MSK: moves extremities, CN exam normal

<u>Psych</u>: normal mood; appropriate affect

### **Case 1: Chart review**

#### **Multiple admissions for DKA**

• A1c >15

#### <u>3 months ago</u>: NSTI groin & scrotum

- Done at OSH, so no micro records
- Completed abx while inpatient

#### 2.5 months ago: Wheeling for wounds

- No surgical procedures done
- ID saw him there, was on Vanc/Unasyn for 4 days
- Pt declined OPAT
- Sent home on doxy/Augmentin

<u>Micro</u>: Lots of negative blood cultures in recent months

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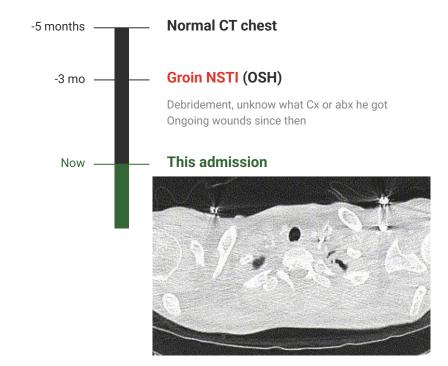
<u>Micro</u>: Lots of negative blood cultures in recent months

#### Hospital course (thus far)

- Admitted to MICU w/ septic shock
- Groin I&D with general surgery
  - Left groin abscess at the site that was spontaneously draining
  - A moderate amount of pus was expressed from abscess
  - No true NSTI (per note)
  - <u>Gram stain</u>: GPC, yeast
- Pulm does bronch in OR
- ID consult on hospital day 2

# Case 1: Summary

A **27 y/o M** with PMH including poorly controlled DM, recent NSTI of groin p/w chronic groin **wound drainage** & **productive cough** and found to have **numerous cavitary lesions** 



DDx?Workup?

# Let's place some bets

#### **Mycobacterial**

- Mycobacterium tuberculosis
- NTM: M kansasii, M abscessus, MAC



<ul> <li>Endemic mycoses</li> <li>Histo</li> <li>Blasto</li> <li>Cocci</li> </ul>	Other fungal • Crypto • Aspergillus • Mucor	<ul> <li>Necrotizing bacteria</li> <li>Staph aureus</li> <li>Enterobacterales: Kleb, E cloacae</li> <li>Nonfermenters: Pseudomonas, Steno</li> </ul>
<ul> <li>Oral &amp; anaerobes</li> <li>Streptococcus anginosus group</li> <li>Bacteroides, fusobacterium, prevotella</li> </ul>		<ul> <li>Filamentous gram positive rods</li> <li>Nocardia</li> <li>Actinomyces</li> </ul>

BAL	Result
Asp GM	
Asp PCR	
MTB PCR	
PJP PCR	

Serum / Urine	Result
Histo Ag	
Blasto Ag	
Crypto Ag	
Fungitell	
Asp GM	
uStrep Ag	

Micro	Result
Blood	
Urine	
OR (groin)	GPC Yeast
BAL (routine)	
BAL (AFB)	
BAL (fungal)	

BAL	Result
Asp GM	Neg
Asp PCR	Neg
MTB PCR	Neg
PJP PCR	Neg

Serum / Urine	Result
Histo Ag	
Blasto Ag	
Crypto Ag	
Fungitell	
Asp GM	
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Micro	Result
Blood	
Urine	
OR (groin)	GPC
	Yeast
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BAL (fungal)	

BAL	Result
Asp GM	Neg
Asp PCR	Neg
MTB PCR	Neg
PJP PCR	Neg

Serum / Urine	Result
Histo Ag	Neg
Blasto Ag	Neg
Crypto Ag	
Fungitell	34
Asp GM	Neg
uStrep Ag	Neg

Micro	Result
Blood	
Urine	
OR (groin)	GPC
	Yeast
BAL (routine)	
BAL (AFB)	
BAL (fungal)	

BAL	Result
Asp GM	Neg
Asp PCR	Neg
MTB PCR	Neg
PJP PCR	Neg

Serum / Urine	Result
Histo Ag	Neg
Blasto Ag	Neg
Crypto Ag	
Fungitell	34
Asp GM	Neg
uStrep Ag	Neg

Micro	Result
Blood	Neg
Urine	Neg
OR (groin)	GPC
	Yeast
BAL (routine)	GNR
BAL (AFB)	
BAL (fungal)	

BAL	Result
Asp GM	Neg
Asp PCR	Neg
MTB PCR	Neg
PJP PCR	Neg

Serum / Urine	Result
Histo Ag	Neg
Blasto Ag	Neg
Crypto Ag	
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Asp GM	Neg
uStrep Ag	Neg

Micro	Result
Blood	Neg
Urine	Neg
OR (groin)	<ul> <li>4+ Mixed GP &amp; GN</li> <li>4+ Strep Anginosus</li> <li>3+ CONS</li> <li>2+ C albicans</li> <li>1+ Proteus mirabilis</li> </ul>
BAL (routine)	GNR (gram stain)
BAL (AFB)	
BAL (fungal)	

BAL	Result
Asp GM	Neg
Asp PCR	Neg
MTB PCR	Neg
PJP PCR	Neg

Serum / Urine	Result
Histo Ag	Neg
Blasto Ag	Neg
Crypto Ag	1:1280
Fungitell	34
Asp GM	Neg
uStrep Ag	Neg

Micro	Result
Blood	Neg
Urine	Neg
OR (groin)	<ul> <li>4+ Mixed GP &amp; GN organisms</li> <li>4+ Strep Anginosus</li> <li>3+ CONS</li> <li>2+ C albicans</li> <li>1+ Proteus mirabilis</li> </ul>
BAL (routine)	>100k cfu <b>Kleb pneumo</b> Mucoid kleb in the lab
BAL (AFB)	Neg
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Micro	Result
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		4 fold
Date of CrAG	Titer	decrease
		,
Day 2	1:1280	
Day 3	1:320	

HIV: negative CD4: 780 (56%, ratio 2.0)

Micro	Result
Blood	Neg
Urine	Neg
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BAL (AFB)	Neg
BAL (fungal)	Neg

Date of CrAG	Titer
Day 2	1:1280
Day 3	1:320

LP	Result
Opening Pr (cm H2O)	13
<b>WBC</b> (Neut, lymph)	<b>50</b> (56%, 40%)
RBC	875
Pro / Glu	40 / 131
Biofire	Neg
<b>Cx</b> (routine/AFB/fungal)	Neg
India ink	Neg
Crypto Ag	Neg

# Case 1: Next steps

A 27 y/o M with PMH including poorly controlled DM, recent NSTI of groin p/w chronic groin wound drainage & productive cough and found to have numerous cavitary lesions that have grown mucoid kleb pneumo, but serum CrAG was also strongly positive

- Is this kleb or crypto (or both)?
- What do you do for treatment?

Micro	Result
Blood	Neg
OR (groin)	<ul> <li>4+ Mixed GP &amp; GN organisms</li> <li>4+ Strep Anginosus</li> <li>3+ CONS</li> <li>2+ C albicans</li> <li>1+ Proteus mirabilis</li> </ul>
BAL (routine)	>100k cfu <b>Kleb pneumo</b> Mucoid kleb in the lab
BAL (fungal)	Neg



### Case 1: Hospital course

- Asked for **TTE** (normal), **CD4** (780, 56%, ratio 2.0)
- Initially on **Zyvox + Zosyn** (for NSTI)  $\rightarrow$  **Unasyn**
- After LP was done, added **fluconazole 400**
- Signed off:
  - $\circ$  **Unasyn**  $\rightarrow$  **Augmentin** x6 weeks (w/ repeat imaging)
  - **Fluconazole** (for 6 months?)

### Case 1: Hospital course

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- Signed off:
  - **Unasyn**  $\rightarrow$  **Augmentin** x6 weeks (w/ repeat imaging)
  - **Fluconazole** (for 6 months?)
- Worsening **pleural effusion**, got chest tube
  - Pleural fluid also grew kleb pneumo again
- Started heading towards neutropenia on Unasyn
  - Switched to ceftriaxone + Flagyl  $\rightarrow$  cefpodoxime + Flagyl
  - Still on **fluconazole**

# Discussion



Links to articles discussed here

# Hypermucoviscous Klebsiella pneumoniae (HmKp)



- Define HmKp and distinguish it from classical Klebsiella pneumoniae based on genetic & virulence factors
- Analyze the **geographic distribution of HmKp** highlighting its emergence as a global pathogen
- Recognize the **unique clinical manifestations of HmKp infections** and differences in disease severity compared to classical *Klebsiella pneumoniae* infections

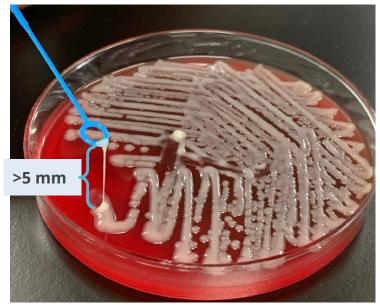
### HmKp: What is it? [1.1]

**Hypermucoviscous Klebsiella pneumoniae** (HmKp) is a phenotype of *K pneumoniae* that produces a thick, mucoid capsule

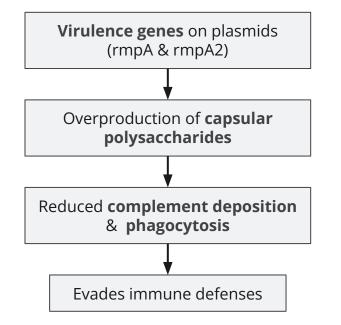
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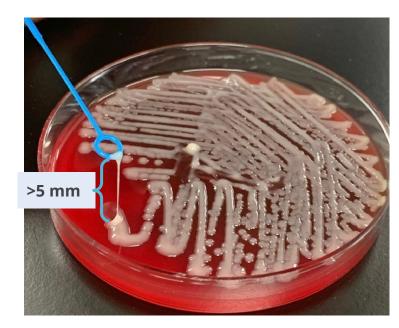
**Hypermucoviscous Klebsiella pneumoniae** (HmKp) is a phenotype of *K pneumoniae* that produces a thick, mucoid capsule

- Identified with the **string test** 
  - Stretches over 5mm with an inoculation loop



### HmKp: What is it? [1.1]



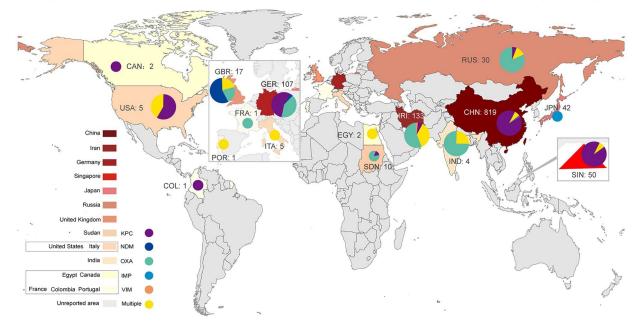


### HmKp: Who gets it? [1.1][1.2]

- Initial identified in East/Southeast Asia, but spreading world wide
- More often **community acquired** (as opposed to other strains of *K pneumo*)
  - Often younger, healthier folks
  - Immunosuppression isn't major risk factor, with the **exception of diabetes**

### HmKp: Who gets it? [1.3]

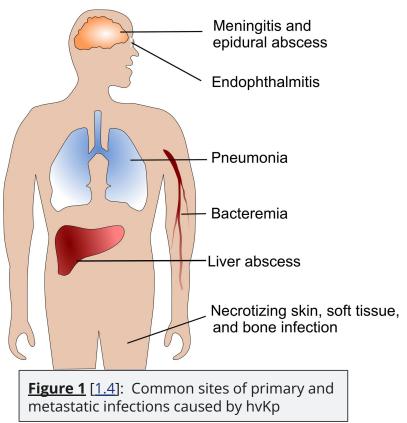
#### May be associated with extensive antimicrobial resistance, especially internationally





### HmKp: Clinical manifestations [1.1][1.4]

- High risk for **metastatic spread** (12-28%)
- Classically: liver abscess in healthy adults
- Most common sides
  - Meningitis
  - Pleural empyema
  - Endophthalmitis
- Many reports with NSTIs (as was maybe our case)
- Has been reported to seed almost anywhere

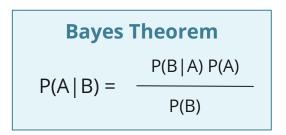


# Evidence Bayes'ed medicine

- Review **Bayes' theorem and it's applications** (without talking too much about math)
- Highlight the key relationship between pre-test probability and testing characteristics (sensitivity, specificity)

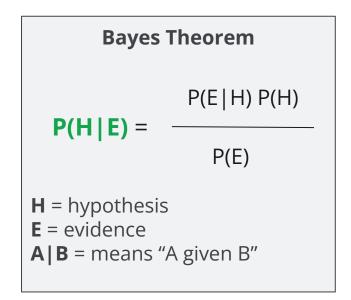
# **Bayes theorem**

- Named after Thomas Bayes
- Law of conditional probability



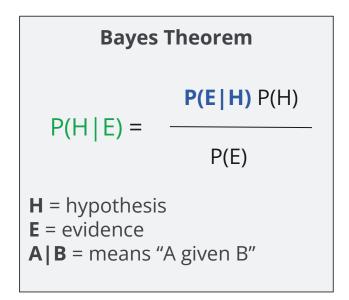
# **Bayes theorem**

• **Posterior**: Probability the "hypothesis" being true, given observed "evidence"



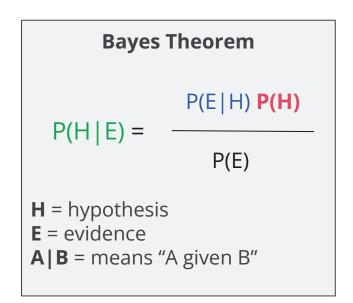
## **Bayes theorem**

- **Posterior**: Probability the "hypothesis" being true, given observed "evidence"
- Likelihood: Probability that "evidence" occurs if "hypothesis" is true



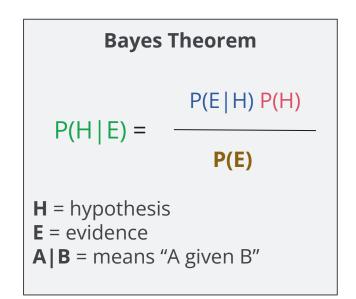
#### **Bayes theorem**

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- **Prior**: The pre-test probability the "hypothesis" is true



#### **Bayes theorem**

- **Posterior**: Probability the "hypothesis" being true, given observed "evidence"
- Likelihood: Probability that "evidence" occurs if "hypothesis" is true
- **Prior**: The pre-test probability the "hypothesis" is true
- **Evidence**: The probability of the "evidence" occurring (regardless of "hypothesis")



# The good news

You don't need to do the math!

The important takeaway is that the **chance our hypothesis is right, given the evidence** is *equally* influenced by of **BOTH** 

- The **quality of the test** (e.g. sensitivity, specificity)
- The pre-test probability (e.g. the base rate)

#### **Bayes Theorem** P(E|H) P(H) P(H|E) =**P(E) Posterior:** Probability the "hypothesis" being true, given observed "evidence" **Likelihood:** Probability that "evidence" occurs if "hypothesis" is true **Prior:** The pre-test probability the "hypothesis" is true **Evidence:** The probability of the "evidence" occurring

#### What the pre-test probability?

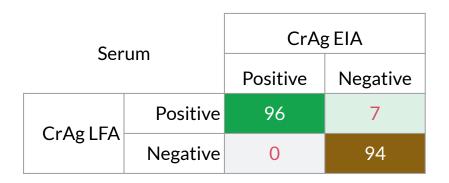
How often would you expect this to be caused by cryptococcus?

- One in 10?
- One in 20?
- One in 50?
- One in 100?
- One in 1000?

A **27 y/o M** with PMH including **poorly controlled DM**, recent NSTI of groin was found to have **numerous cavitary lesions** 

- BAL: Kleb pneumo
- No risk factors for Cryptococcus
- No fungal growth or yeast on slides

### Serum cryptococcal antigen



**Sensitivity** = 96 / (96 + 0) = **100%** 

**Specificity** = 94 / (94 + 7) = **93.1%** 

		Disease	
		Positive Negative	
Test	Positive	True Pos	False Pos
Test	Negative	False Neg	True Neg
Sensitivity = TP / (TP + FN) Specificity = TN / (TN + FP)			

Source: https://www.immy.com/package\_inserts/cr2003/CR2003%20IFU%20(Int'l)%20-%20English.pdf

### Serum cryptococcal antigen

Serum		CrAg EIA	
		Positive	Negative
CrAal EA	Positive	96	7
CrAg LFA	Negative	0	94

**Likelihood ratio** LR+ = sensitivity / (1 - specificity) LR+ = Pr(T+ | D+) / Pr(T+ | D-) LR+ = 1 / (1 - .931) = **14.5** 

Sensitivity = 96 / (96 + 0) = 100%

**Specificity** = 94 / (94 + 7) = **93.1%** 

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### Post-test probability

How often would you expect this to be caused by cryptococcus?

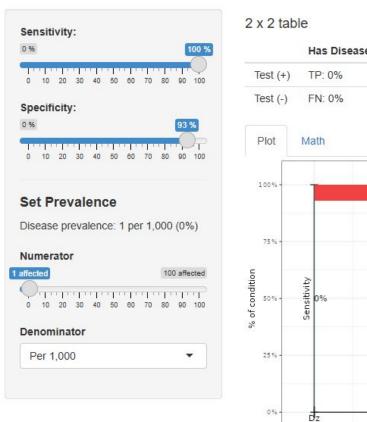
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### Post-test probability

How often would you expect this to be caused by cryptococcus?

- One in 10?
- One in 20?
- One in 50?
- One in 100?
- One in 1000?

Among 44 cryptococcosis patients with DM2 as the only identifiable risk factor for disease, the annual incidence of cryptococcosis was 0.001% (**1 in a thousand**), with a prevalence of 0.002%. [1.5]

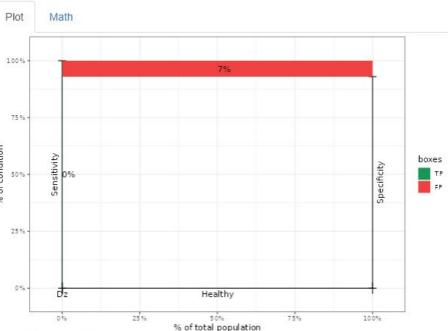


#### https://hunterratliff1.shinyapps.io/BayesPPV/

	Has Disease	No Disease
Test (+)	TP: 0%	FP: 7%
Test (-)	FN: 0%	TN: 93%

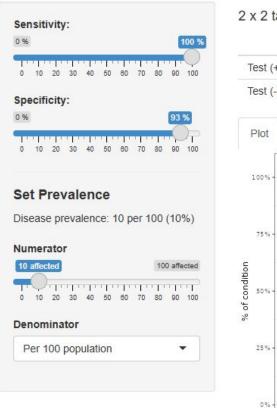
#### Positive Predictive Value

Among those who test positive, 1% will actually have the disease



#### Show which cases?



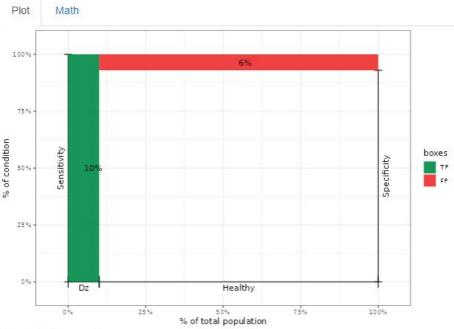


#### 2 x 2 table

	Has Disease	No Disease
Test (+)	TP: 10%	FP: 6%
Test (-)	FN: 0%	TN: 84%

#### Positive Predictive Value

Among those who test positive, 61% will actually have the disease



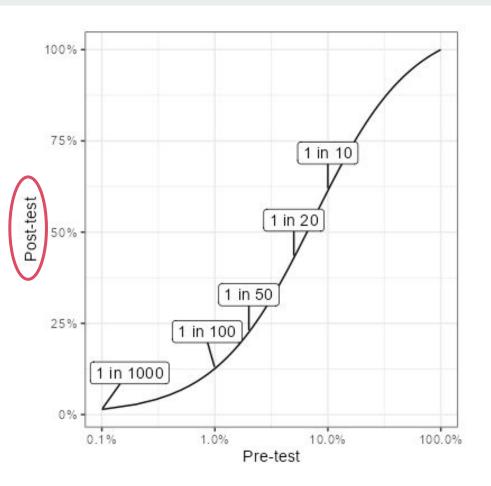
#### https://hunterratliff1.shinyapps.io/BayesPPV/

#### Show which cases?

### Post-test probability

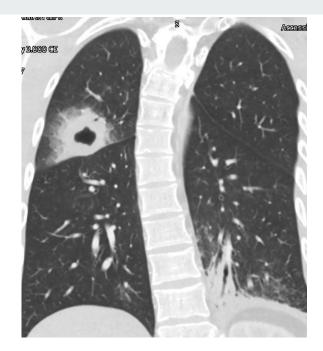
How often would you expect this to be caused by cryptococcus?

- One in 10? **Pr(post) = 61.7%**
- One in 20? **Pr(post) = 43.2%**
- One in 50? **Pr(post) = 22.8%**
- One in 100? **Pr(post) = 12.8%**
- One in 1000? **Pr(post) = 1.4%**





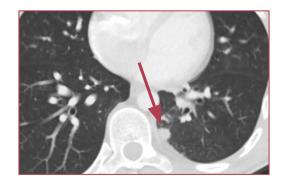
A 22 y/o M with no PMH who p/w subacute cough

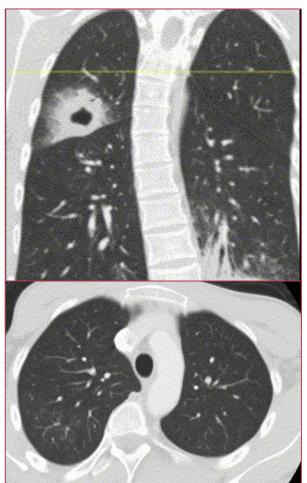


A 22 y/o M with no PMH who p/w subacute cough

#### **CT chest impression**

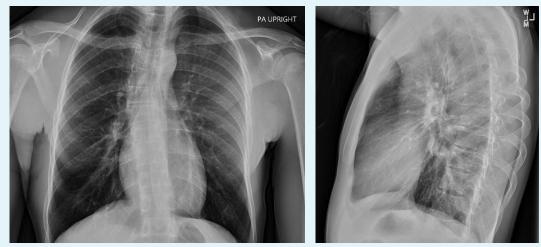
- Ill-defined **4 cm** thick-walled cavitary mass **posterior RUL**
- **10 mm** round subpleural nodule **posterior medial LLL**

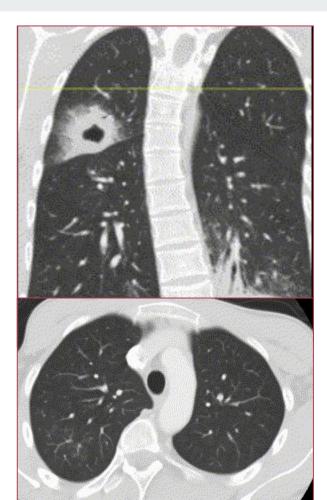




A 22 y/o M with no PMH who p/w subacute cough

#### Prior XR (14 months ago)





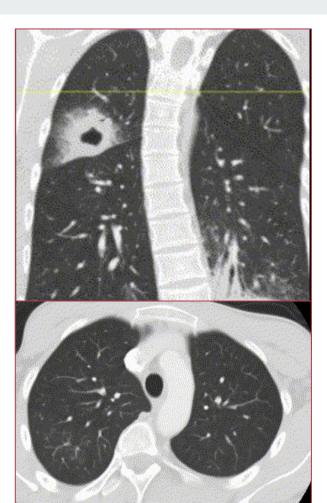
A 22 y/o M with no PMH who p/w subacute cough

- **4 weeks ago**: **sore throat** → **fevers, cough**, anorexia
- After 7-10 days, still having productive cough
  - But all other symptoms resolved
  - Never took antibiotics
- Went to urgent care due to cough
  - $\circ \qquad \text{Obtained CXR} \rightarrow \text{Sent to ED}$



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  - But all other symptoms resolved
  - Never took antibiotics
- Went to urgent care due to cough
  - $\circ$  ~ Obtained CXR  $\rightarrow$  Sent to ED
- Cracked a tooth 4 years ago, but no new symptoms
- Had routine dental cleaning (**2 weeks ago**)
  - This was well after onset of fever & cough
  - Says exam & X-rays were normal



## Case 2: Social & Exposure History

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Geographic & Travel	<ul> <li>The patient lives in Tennessee (between Nashville &amp; Memphis) for past year         <ul> <li>Before that, lived in Washington state for a few years</li> </ul> </li> <li>Visits parents in Morgantown frequently         <ul> <li>A few months ago, some time in northern California for a family reunion</li> <li>Has driven through the Southwest states (Arizona, Texas), but did not spend much time there</li> <li>Only international travel has been to Canada (Alberta/BC area)</li> </ul> </li> </ul>		
	<ul> <li>Did live in house with ?mold</li> <li>No caves, landscaping, wood, or dust/dirt/soil exposure</li> <li>Helping parents with their house renovations</li> </ul>	Occupational	• Doordash driver in TN
Environmental exposures		Substance & needles	<ul><li>NoEtOH, tobacco, drugs</li><li>No tattoos or piercings</li></ul>
		ТВ	• <b>No TB</b> risk factors

## Case 2: Social & Exposure History

Geographic & Travel	<ul> <li>The patient lives in Tennessee (between Nashville &amp; Memphis) for past year <ul> <li>Before that, lived in Washington state for a few years</li> </ul> </li> <li>Visits parents in Morgantown frequently</li> <li>A few months ago, some time in northern California for a family reunion</li> <li>Has driven through the Southwest states (Arizona, Texas), but did not spend much time there</li> <li>Only international travel has been to Canada (Alberta/BC area)</li> </ul>		
Environmental exposures	<ul> <li>Did live in house with ?mold</li> <li>No caves, landscaping, wood, or dust/dirt/soil exposure</li> <li>Helping parents with their house renovations</li> </ul>	Occupational	• Doordash driver in TN
		Substance & needles	<ul><li>NoEtOH, tobacco, drugs</li><li>No tattoos or piercings</li></ul>
		ТВ	• <b>No TB</b> risk factors
<ul> <li>Animals</li> <li>Rodent exposure (cleaned mouse feces) w/o appropriate PPE</li> <li>While working as delivery driver, he pet a cat on the street (unclear if feral)</li> <li>Otherwise, no other animal exposures (including birds, bats, pets)</li> </ul>			

### Case 2: Exam & initial labs

<u>Vitals</u>: BP 100/57 | Pulse 62 | Temp 37.1 °C | SpO2 98% | BMI 18 kg/m<sup>2</sup>
<u>Gen</u>: alert and oriented, NAD, physically fit
<u>ENT</u>: EOMI grossly, anicteric sclerae, MMM; good detention
<u>Resp</u>: normal respiratory effort, CTAB
<u>CV</u>: RRR
<u>GI</u>: no TTP
<u>Neuro/MSK</u>: moves extremities

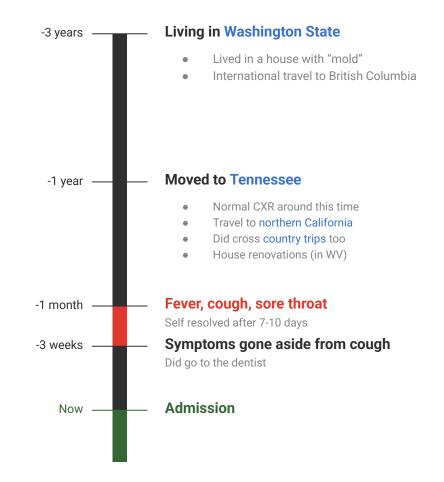
CBC w/ diff: Normal BMP: Normal LFTs: Not available HIV: Negative

# Case 2: Summary

A **22 y/o M** with no PMH who p/w **subacute cough** x 1 month

- New 4cm RUL cavity, 1cm LLL nodule (vs XR 14 mo ago)
- Lots of fun travel & exposures
- Some dental issues?
- HIV negative





## Let's place some bets

#### **Mycobacterial**

- Mycobacterium tuberculosis
- NTM: M kansasii, M abscessus, MAC



<ul> <li>Endemic mycoses</li> <li>Histo</li> <li>Blasto</li> <li>Cocci</li> </ul>	Other fungal Crypto Aspergillus Mucor	<ul> <li>Necrotizing bacteria</li> <li>Staph aureus</li> <li>Klebsiella pneumoniae</li> <li>Pseudomonas, E cloacae, Steno</li> </ul>
<ul> <li>Oral &amp; anaerobes</li> <li>Streptococcus anginosus group</li> <li>Bacteroides, fusobacterium, prevotella</li> </ul>		<ul> <li>Filamentous gram positive rods</li> <li>Nocardia</li> <li>Actinomyces</li> </ul>

Serum / Urine	Result
Histo Ag	
Blasto Ag	
Crypto Ag	
Fungitell	
Asp GM	
Strep Ag	
Legionella Ag	
QuantGOLD	

BAL	Result
Asp GM	
Asp PCR	
MTB PCR	
PJP PCR	
Legionella DNA	

Micro	Result
Blood	
BAL (routine)	
BAL (AFB)	
BAL (fungal)	

Serum / Urine	Result
Histo Ag	Neg
Blasto Ag	Neg
Crypto Ag	Neg
Fungitell	<31
Asp GM	Neg
Strep Ag	Neg
Legionella Ag	Neg
QuantGOLD	Neg

BAL	Result
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Any other tests?

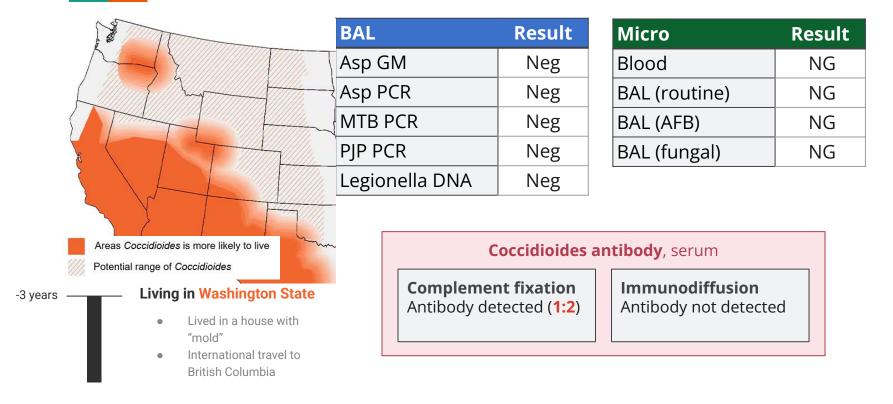
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KARIUS?

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#### **Complement fixation**

Antibody detected (1:2)

All serum titers  $\geq$  1:2 should be **considered** evidence indicative of coccidioidomycosis, although titers of 1:2 and 1:4 should be confirmed by immunodiffusion testing . Titers exceeding 1:16 usually reflect disseminated disease. In general, higher titers are correlated with disease severity, and changes in serial titers are of prognostic value.

A **negative CF test does not**, however, **rule out diagnosis**. Only 70% of patients with cavitary diseases are positive, and only 30% of patients with nodular disease are positive.

#### Immunodiffusion

#### Antibody not detected

The immunodiffusion (ID) procedure correlates both in sensitivity and clinical utility with the CF test. The ID test, which **detects IgG** directed to the "F" antigen, becomes positive within 4 weeks after infection and remains positive throughout clinically active disease. It is most useful in confirming the specificity of low CF titers, where lines of identity are formed with reference antisera. Positive ID reactions are diagnostic for coccidioidomycosis and usually indicate active or recent disease and remain detectable for up to 1 year thereafter.

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# Coccidioides



Links to articles discussed here

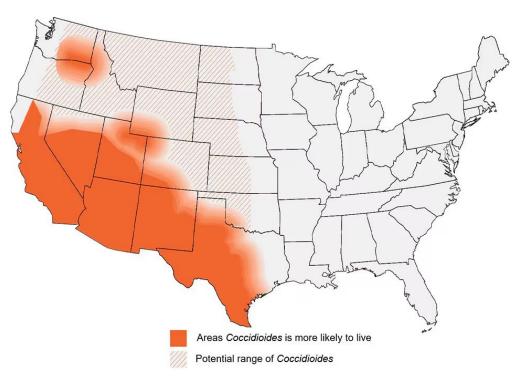
# Coccidioides



- Describe the **epidemiology of Coccidioides**, including geographic distribution & seasonal patterns
- Explain the modes of transmission and key risk factors for Coccidioides infection
- Discuss the diagnostic approaches for coccidioidomycosis, including serologic testing, culture, and molecular methods
- Characterize the spectrum of disease caused by Coccidioides

#### **Coccidioides (Valley fever)**

- California, AZ, Washington
  - *Coccidioides immitis* more common in California
  - C posadasii elsewhere
  - No clinical difference



https://www.cdc.gov/valley-fever/areas/index.html

### **Coccidioides (Valley fever)**

- California, AZ, Washington
  - *Coccidioides immitis* more common in California
  - C posadasii elsewhere
  - No clinical difference
- Also seen in Mexico, Central America, and some areas of South America



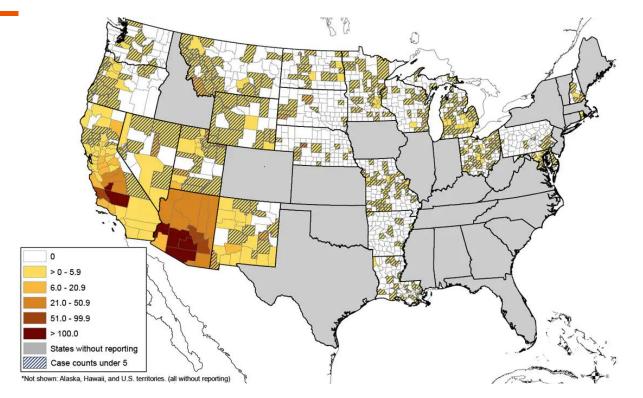
Areas likely to be hyperendemic

Areas where cases likely occur regularly

Areas with reports of locally acquired cases

https://www.cdc.gov/valley-fever/areas/index.html

#### **Coccidioides (Valley fever)**

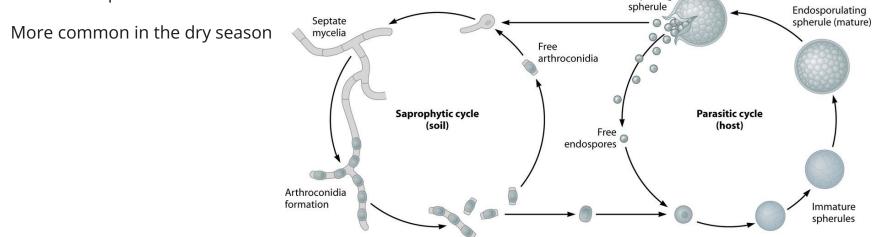


County incidence (per 100,000) from 2011 - 2017 https://www.cdc.gov/valley-fever/areas/index.html

## Coccidioides: Transmission [2.1]

Inhalation of arthroconidia from contaminated soil

- Dust storms
- Construction
- Earthquakes



Rupturing

### Coccidioides: Diagnosis [2.2]

**Most common**: EIA (screen) → immunodiffusion (confirmation)

- May have false negative early in the disease (re-test 1-3 weeks later)
- EIA is prone to false positives
- If immunodiffusion is positive  $\rightarrow$  quantification should be done (either QID or CF)

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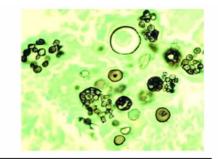
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Culture: Coccidioides grows on most media

• Growth usually evident within a week



Spherules with multiple endospores coccidioidomycosis

### Adapted from <u>@TheIDTrivia</u>, <u>@GeraldMD</u>, & Febrile <u>podcast #69</u>

	Coccidioidomycosis	Blastomycosis	Histoplasmosis
BAL	Spherules with multiple endospores	Broad based, single-budding	Small yeast, narrow based budding. May be in macrophages
	Cryptococcus	Aspergillosis	Mucor and Rhizopus
	Narrow budding voast with	Contata by nhaa	Pibbon like hyphae

 BAL
 Narrow budding yeast with mucicarmine (+) capsules
 Septate hyphae Acute angle branching Forms conidial heads
 Ribbon-like hyphae Right angle branching Rare septations

### Adapted from <u>@TheIDTrivia</u>, <u>@GeraldMD</u>, & Febrile <u>podcast #69</u>

	Coccidioidomycosis	Blastomycosis	Histoplasmosis
Risk factors	Working in dusty areas	Working, playing, or hunting in wooded areas	Chickens, barns, caves, or any bird droppings
B-D glucan	+/-	No	+/-
Galacto- mannan	No	+/-	+/-

	Cryptococcus	Aspergillosis	Mucorales
Risk factors	Steroids, AIDs, sarcoid, liver dz	Steroids, neutropenia, transplant, viral infections	DM, DKA, steroids, burns, transplant
B-D glucan	No	Yes	No
Galacto- mannan	+/-	Yes	No

• Majority of patients (2/3) are asymptomatic

Primary pulmonary disease

- In endemic areas, can account for 1 in 4 cases of CAP
- Often self limiting, some will have "multiple visits for unimproved symptoms (despite abx)"

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- Often self limiting, some will have "multiple visits for unimproved symptoms (despite abx)"
- **<u>Systemic symptoms</u>**: Fevers, night sweats
- **Immunologic**: **arthralgias** ("desert rheumatism"), erythema nodosum, erythema multiforme
- <u>Labs</u>: One in four have **peripheral eosinophilia**

#### Primary pulmonary disease

- <u>Systemic symptoms</u>: Fevers, night sweats
- <u>Immunologic</u>: arthralgias, erythema nodosum, erythema multiforme
- Labs: Eosinophilia

These do <u>not</u> mean they have disseminated disease!

### Radiographically

- Unilateral (upper > lower) infiltrate
- Associated hilar LAD
- Nodules &/or cavities (4-8%)

Asymptomatic

Pneumonia

Nodules

#### Disseminated disease is rare

- **Skin and soft tissue**: Granulomatous infections (*not the immunologic phenomena*)
- Bone & joint: May progress to osteomyelitis
- **Others**: GU, peritoneum, eyes, pericardium



#### Disseminated disease is rare

- Skin and soft tissue
- Bone & joint
- Others
- Most feared is **CNS** 
  - Most common symptom: headache
  - 95% mortality if untreated
  - High rates of relapse

#### Asymptomatic

Pneumonia

#### Nodules

#### Disseminated

#### Disseminated disease is rare

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#### **CSF studies**

- Common to have eosinophilia
- Uncommon to grow on Cx

#### Asymptomatic

Pneumonia

#### Nodules

Disseminated

# Learning points & take aways

# Learning points & take aways



- Hypermucoviscous Klebsiella pneumoniae (HmKp) is a thick, mucoid phenotype of K pneumoniae (string test),
  - Predisposition to cause **more severe infections** in **immunocompetent hosts**
  - Likes to **metastasize**: Liver, CNS, lungs, brain
  - Can have **extensive antimicrobial resistance**, especially internationally
- Coccidioides is most often **asymptomatic or mild pulmonary infections**, but can be severe in immunocompromise
  - Risk factors: Travel to the **Western US** + **dry dirt/soil exposure**
  - Testing for coccidioides is multi-step, and subject to **false positives & false negatives**
- Interpreting the test results depends on both the nature of the test itself and the pre-test probability
  - You don't need to know Bayes Theorem itself, but <u>online calculators</u> can help improve our numeracy

Slides available on hunterratliff1.com/talk/; Citations available via QR code or via the "citations" button on the website